



## **COVID-19 Exposure and Positive Case Notification Procedures and Protocols**

When a player, parent or staff member has concerns, feels unwell, has been exposed or tests positive for COVID-19, it is critically important that all members of our community know and understand the required reporting procedures and strictly follow them.

### **Notification Procedures**

#### Close Contact Exposure:

As a reminder, if an athlete or employee or a member of their household has been directly exposed to a person who has tested positive for COVID-19, please contact your coach & Sally Burns so we can quickly advise.

#### Positive Test Notification:

If an athlete or a member of their household has tested positive for COVID-19 it is critical that you immediately report the information to Sally Burns with “COVID-19” in the subject line. She will provide further information regarding next steps. It is important for the club to be aware of a positive case if your player has been attending practices and games.

#### Positive Case Notification:

Only individuals who are considered to have been a “close contact” exposure will be notified via email. This email will be compliant with HIPAA and VDOH regulations and will not include the name of the individual who tested positive or their vaccination status.

### **Positive Case Protocol for Vaccinated and Unvaccinated Students and Employees**

- May NOT attend practice/games
- Must isolate at home from the date of positive test or provide a negative test result to return in less than 14 days.
- Athletes must be symptom-free prior to returning to play and provide a negative test result.

### **Close Contact Exposure Protocols**

The definition of a close contact is “individuals who were less than 3 feet apart for a total of fifteen minutes or more, even if fully masked.”

Current health guidance regarding close contact exposure protocol takes into account vaccination status.

If you are notified that you are a close contact exposure please follow the steps below depending on your vaccination status. These protocols are directly from the Fairfax County Health Department.

**Close Contact Exposure Protocol for Fully Vaccinated Players:**

Asymptomatic fully vaccinated close contacts:

May attend practices

Monitor for symptoms

Wear a mask at indoor and/or outdoor practices

Symptomatic fully vaccinated close contacts:

May NOT attend practices

Isolate at home while waiting for test results

If PCR test is negative, player may return to practice as long as symptom free

If PCR test is positive, we ask the player to not attend practice/games for 14 days unless they have a negative test result.

**Close Contact Exposure Protocol for Unvaccinated Player:**

Asymptomatic unvaccinated close contacts:

May NOT attend practice or games for 14 days from date of exposure or provide negative test results

Go for a PCR test immediately

Quarantine at home while waiting for test results

Monitor for symptoms

If the initial PCR test is negative, players must still remain at home for the remainder of the 14 day quarantine period or until additional negative test results are received.

If PCR test is positive, remain home for 14 day quarantine or until no symptoms remain or a negative test result occurs.

Symptomatic unvaccinated close contacts:

Must quarantine at home for 14 days from date of exposure

May not attend practices/games for 14 days from date of exposure

Go for a PCR test immediately

Isolate at home while waiting for test results

If the initial PCR test is negative, students must still remain at home and retest for additional negative test results.

If PCR test is positive, remain home for 14 day quarantine or until no symptoms exist.

**Privacy**

We must continue to respect the privacy of our community members as it relates to COVID-19.

During a positive case please do not speculate or gossip about the identity of an individual.

Vaccination status should remain confidential and not a point of discussion.

**Commitment**

We are committed to keeping our community safe and as such will continue to work closely with the Fairfax County Health Department using the recommendations and guidelines regarding “close contact” exposure, quarantining and testing.

We are committed to modifying our procedures and protocols as federal, state and local guidelines change.